



## Learning Outcomes

On completion of the Aspiring Leaders programme, you will:

### Leadership values

Understand the value of self-awareness in leadership including:

- the meaning of leadership and management
- different types of leadership styles you can use
- the skills required to lead and your preferred leadership style
- emotional resilience and your ability to respond to stressful or unexpected situations
- successfully progressing from team member to team leader

### Leading teams

Understand the importance of building and leading teams including:

- different ways that you can build trust with others
- how integrity can be used to inspire others
- the supporting role HR can play
- providing additional support through coaching and mentoring
- effectively dealing with conflict

### Delivering results

Understand the ways you can harness your potential to achieve success including:

- using a strategic approach to create a forward-focused vision
- successful evaluation of risks to ensure they are managed effectively
- using problem solving skills to support effective decision making
- managing workloads in order to deliver measurable results
- the importance of language and non-verbal communication

### Creating effective relationships

Understand the value of internal and external networking for developing effective relationships including:

- the benefits of collaborative working
- different ways to successfully lead projects
- the importance of developing relationships with stakeholders and partners
- influencing others to support delivery
- understanding and appreciating diversity

