



# The Access to Work Mental Health Support Service delivered by Remploy is funded by the Department for Work and Pensions.

The service provides confidential support to help you remain in your job. There is no charge to access the service.

**Our service is available to you if:**

- Workplace support for nine months
- Coping strategies
- A wellbeing plan
- Workplace adjustments
- Getting support from your employer, if you'd like us to.

**You can access the service if:**

- Are in permanent or temporary employment (working or signed off sick)
- Have a mental health condition that has made you miss work, or is making it difficult to remain in work.

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**Get in touch with us:**

**0300 456 8114**

[a2wmhss@remploy.co.uk](mailto:a2wmhss@remploy.co.uk)

[www.remploy.co.uk/mentalhealth](http://www.remploy.co.uk/mentalhealth)

Applications are subject to a decision

**Find us on:**  /remploy  @remploy  /remploytv  /remploy

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For alternative formats, please email [communications@remploy.co.uk](mailto:communications@remploy.co.uk) quoting Ref.R224-Aug18